

Nutritional Procedure/ Protocol from Start to Finish:

New Patient

- 1st visit: Welcome to the office and time check with practitioner's schedule
 - Completion of clinic intake forms and disclaimer
 - Completion of symptom survey form
 - Office visit including introduction to nutritional approach
 - Interview of purpose of visit, objections for visit, case history, nutritional examination and contact reflex analysis
 - Report of findings and recommendations, including long-term goals, plan management, explanation of rescheduling, costs and payment options, and return policy
 - Introduction to supporting Literature

Established Patient

- 2nd visit: Review of symptoms through interview, noting changes and explanation of what caused the change.
 - Introduce and explore the role of diet and lifestyle
 - Repeat positive findings from first visit
 - Contact Reflex Analysis
 - Report of findings and recommendations, review again long-term goals and nutritional plan
 - Introduction of supplementary supporting literature
- 3rd through 8th visit: Review diet and lifestyle
 - Repeat positive findings from 1st visit
 - Contact Reflex Analysis
 - Report of findings and recommendations
 - Introduction of more supporting literature
- 9th visit: Review of Symptoms and determine shift towards maintenance
 - Introduce ideas of maintenance and encourage final analysis with blood, urine, hair
 - Introduce and complete Acoustic Cardiograph
 - Final fine tooth comb to determine subtle patterns of need

Maintenance Care

- Described by interval between visits over 8 weeks
- Ongoing latest and greatest updates
- Ongoing chronic degenerative projects, such as osteoporosis or CAD
- Introduce resource for future health challenges personally or with family and friends
- Discuss longevity and vitality concepts
- Create lifetime goals
- Introduce other therapies and approaches to continue evolution of self
- Send letter acknowledging the completion of corrective care